



Health Education Funded Programme: Breaking Down the Barriers

Does your GP practice staff need training on Child and Adolescents GP whole practice mental health awareness?

What is this course about?

- Provides a broad training model, building awareness, knowledge and skills to identify mental health issues in children who engage with staff within a general practice surgery.
- Introduction to mental health
- Definitions and meanings of: mental health, mental health problems, disorders, illness and behaviours
- Introduction to self-harm
- Adolescent development
- Understanding risk and resilience
- Promotes awareness of issues relating to child and adolescent mental health, understand resilience framework

Who is this training resources aimed at?

GP practice staff - GP's, Practice Managers, Practice Nurses, Practice administrative and clerical staff, Trainee medical, nursing and non-medical students, practice multi-disciplinary teams and support workers.

What are the key wins for your GP practice?

- Flexible taught modules delivered in bite-sizes from 30mins - 2 hours through a mixture of presentations, practical exercises, videos tutorials, case studies, scenarios, quizzes etc
- FREE training resources including delivery
- In-house training at required pace and Local ownership of training
- Case studies and simulation based on real life scenarios
- Training resources are tailorable can be adapted and delivered to a targeted audience

Are any trainers available to deliver training to GP practice staff in my primary care setting or at multidisciplinary meetings?

Introducing Certified Trainers

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How can I access other Breaking Down the Barriers training resources?

Breaking Down the Barriers downloaded resources are available on e-learning for healthcare (eLFH) website; <http://www.e-lfh.org.uk/programmes/breaking-down-the-barriers/>

Want more information?

For a detailed description of the Breaking Down the Barriers mental and physical health awareness training, visit: bit.ly/UCLPBreakingBarriers

Tweet us - @UCLPartners #UCLPartnersBreakingBarriers.

Call us - Direct +44 (0)20 3108 2319

E-mail us!

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